



SHORTLAND ALPINE CLUB CO-OPERATIVE LTD.

MULUBINBA NEWSLETTER

Spring 2013



Mulubinba Lodge

Greetings Fellow Members,

Trust you all enjoyed the winter season – warm and cozy, be it at the lodge skiing/walking or snugged up at home.

News from board meetings since the last newsletter includes:

- The approval to purchase a book 'Highway to Heaven' a publication depicting how skiing came to Kosciusko, put together by the Perisher Historical Society will provide interesting reading to many members and guests. The book will be available to read from the lodge library.
- Much discussion re the planning and organizing details of the two Bathroom renovations. The lodge will be closed in February 2014 until renovations are complete.
- The Laundry may get a facelift at a later date after the bathrooms are completed.
- There is likely be a new member intake at the start of 2014 given that natural attrition is creating some new vacancies. Interested persons - keep your ears to the ground.
- New wooden wardrobes being constructed for rooms 5, 6 & 7. These are replacing the flimsy ones that have served the rooms for years.
- **A reminder to all members that only items approved by the Board may be attached to or removed from any part of the Lodge.**
We had some photos in the living room that are no longer there. Does anyone know where they went?

I recently received a copy of a letter that was written last year by member Bill Watson following an injury to himself which I believe reflects the attitude one hopes exists amongst us all;

Bill wrote: *Injuries at the Lodge. As skiing is a potentially dangerous sport, many of us would have been at the lodge when either themselves, or one of their fellow guests have suffered an injury. Certainly, this was the case in August last year when my mind was focused on the subject when I managed to break my arm whilst skiing.*

From my observations, the miseries of an injury are minimized through the help and understanding of the other guests. Some of the issues that may be confronted after an injury include;

Buying medications, getting back to the lodge, doing up your shoe laces, cooking, cleaning room/doing jobs, changing bookings, packing up, distributing surplus food, getting home and following up your progress

I am pleased to say I received all the assistance I needed and that this was greatly appreciated. In particular I would like to thank Richard and Jan in getting my car home and Rod Davies in accompanying me to the Medical Centre.

I have been asked to mention in this newsletter as a reminder to all members that only items approved by the Board may be attached to or removed from any part of the Lodge. We had some photos in the living room that are no longer there. Does anyone know where they went. – Please return or advise where they can be picked up from.

REPORT on Events at the Lodge for XCOUNTRY Week 2013

At this point of time I have received no information from cycling, walking or alpine/back country ski groups for 2013. I can, however, give you a report on XC week 2013.

Firstly, there were a number of members and guests that took part in social XC activities during the week, and that was good. People actually taking part in scheduled activities, however, continue to decline. When you look at the entrants for the KAC you will see the same names, year in, year out, which is disappointing when you consider that our children are, or at least should be now bringing their own children to Mulubinba. There are a number of family based activities in Perisher that week and you do not have to be a gun racer to enjoy them. I imagine a large number of our children take part in fun runs and similar back home, there is no difference. Not only that, you get to enjoy the mountains without inhaling smog and car exhaust.

Bill Watson was our Club Champion this year, completing the run up to Charlottes in 58 minutes 35 seconds. Conditions were excellent during the race, and the food and Guinness afterwards were good as well. I know it is hard to believe but Marvin and Brett Heaston actually tied for second place in 65 minutes, followed closely by Rob McShane in 68 minutes, and, believe it or not, another tie occurred when Rod and Jewel Davies crossed the line for 5th in 73 minutes ! Who would expect that to happen ? I have however left the best until last. Coming home with a PERSONAL BEST in the Mens 70s was our Brian Clark in 76 minutes. Well done Brian.

Now come on you younger members and guests. If a 70 year old can return a PB where are you guys ??

All the best for XMAS and 2014,
Marvin Heaston

**Just a reminder that a notice has been sent to you regards
'End of Ski Season' Dinner,
To be held on 15th November at the Belmont Golf Club.
Please refer to notice for details.**

Trust you will all enjoy catching up with events from our Shortland Alpine Club.

Regards, Tony